

## TEAMS



ALNMOUTH



BOATIE BLEST  
COCKENZIE & PORT SETON



BROUGHTY FERRY



BURGHEAD



CATTERLINE



CROMARTY



DUNBAR



EASTERN ACRC



ELIE & EARLSFERRY



ESKMUTHE



FORFAR



GOURDON



NAIRN



NORTH BERWICK



QUEENSFERRY



ROWPORTY



ST ANDREWS



ST AYLES



TROON



ULLAPOOL



WORMIT



## AFTER PARTY

Following the medal ceremony at 6.30pm, the Hope Rooms will be open until 7:30pm for clubs to bring take away and socialise.

After this, we will head to a local pub.

## RESULTS & REFRESHMENTS

Cakes, rolls, and drinks are available in the Hope Rooms (map overleaf) where results of the races will be posted.

Any teams looking for crew, or crew wanting another row should post their details in the Hope Rooms.



NBRC would like to thank North Berwick Harbour Trust and the Scottish Seabird Centre for their sponsorship and support.

SCAN THE CODE TO  
CHECK RACE RESULTS  
ON OUR WEBSITE



[www.nbrowingclub.co.uk](http://www.nbrowingclub.co.uk)

# ROW WITH US!

Race Training, Regattas and Social Rowing

[www.nbrowingclub.com](http://www.nbrowingclub.com)



# REGATTA 2024 RACE PROGRAMME

[www.nbrowingclub.com](http://www.nbrowingclub.com)



# WELCOME TO NORTH BERWICK ROWING CLUB REGATTA 2024!

BOATS WILL LINE UP FROM WEST (LANE 1) TO EAST IN THE ORDER LISTED BELOW

The races will be run in two waves, with boats from the left/red column in the first wave, and boats in the right/green column starting in the second wave.

The intention will be to start the second wave close behind the first, so all crews must be on the water at least 10 mins before race start time regardless of which wave they are in.

## 09.00 COXES' BRIEFING ON HARBOUR WALL

LOW TIDE 08.05 HIGH TIDE 14.14

## 10.00 45+ MEN

SPONSORED BY

- |                     |                   |
|---------------------|-------------------|
| 1 Wormit            | 8 North Berwick   |
| 2 Queensferry       | 9 Troon           |
| 3 Cromarty          | 10 Nairn          |
| 4 Elie & Earlsferry | 11 Broughty Ferry |
| 5 Eskmuthe          | 12 Gourdon        |
| 6 Alnmouth          | 13 Dunbar         |
| 7 Eastern           | 14 Row Porty      |



## 10.45 45+ WOMEN

SPONSORED BY

- |                     |                   |
|---------------------|-------------------|
| 1 St. Andrews       | 11 Forfar         |
| 2 Eskmuthe          | 12 North Berwick  |
| 3 Wormit            | 13 Gourdon        |
| 4 Queensferry       | 14 Nairn          |
| 5 Cromarty          | 15 Broughty Ferry |
| 6 Eastern           | 16 Troon          |
| 7 Elie & Earlsferry | 17 Dunbar         |
| 8 Alnmouth          | 18 Catterline     |
| 9 St Ayles          | 19 Row Porty      |
| 10 Burghead         | 20 Boatie Blest   |



## 11.30 MIXED U18

SPONSORED BY

- 1 North Berwick 1
- 2 Cromarty
- 3 Eskmuthe
- 4 Eastern 1
- 5 North Berwick 2
- 6 Eastern 2
- 7 Ullapool



All boats to be on the water AT LEAST 10 MINS before race start time

## 12.15 MIXED DECADES

SPONSORED BY

- |                    |                      |
|--------------------|----------------------|
| 1 Alnmouth         | 11 Eskmuthe          |
| 2 Row Porty        | 12 St Ayles          |
| 3 Eastern          | 13 Catterline        |
| 4 Cromarty         | 14 Troon             |
| 5 Queensferry      | 15 Ullapool          |
| 6 Boatie Blest     | 16 Wormit            |
| 7 Broughty Ferry   | 17 Nairn             |
| 8 Forfar           | 18 St Andrews        |
| 9 Gourdon          | 19 North Berwick 2   |
| 10 North Berwick 1 | 20 Elie & Earlsferry |



## 13.00 MIXED OPEN

SPONSORED BY

- |                  |                      |
|------------------|----------------------|
| 1 Cromarty       | 10 Elie & Earlsferry |
| 2 Alnmouth       | 11 Eskmuthe          |
| 3 Row Porty      | 12 St Ayles          |
| 4 North Berwick  | 13 St Andrews        |
| 5 Eastern        | 14 Troon             |
| 6 Queensferry    | 15 Ullapool          |
| 7 Catterline     | 16 Nairn             |
| 8 Boatie Blest   | 17 Wormit            |
| 9 Broughty Ferry | 18 Burghead          |



## 13.45 MIXED NOVICE

SPONSORED BY

- |                   |                      |
|-------------------|----------------------|
| 1 Broughty Ferry  | 9 St. Andrews        |
| 2 North Berwick 1 | 10 Gourdon           |
| 3 Alnmouth        | 11 Burghead          |
| 4 Row Porty       | 12 Eskmuthe          |
| 5 Cromarty        | 13 St Ayles          |
| 6 Forfar          | 14 Elie & Earlsferry |
| 7 Queensferry     | 15 North Berwick 2   |
| 8 Eastern         | 16 Dunbar            |



## 14.45 MIXED 240+

SPONSORED BY

- |                     |                    |
|---------------------|--------------------|
| 1 Nairn             | 11 St Ayles        |
| 2 Nairn             | 12 Dunbar          |
| 3 Gourdon           | 13 Boatie Blest    |
| 4 Troon             | 14 Cromarty        |
| 5 St Andrews        | 15 North Berwick 1 |
| 6 Wormit            | 16 Alnmouth        |
| 7 Broughty Ferry    | 17 Eastern         |
| 8 North Berwick 2   | 18 Queensferry     |
| 9 Elie & Earlsferry | 19 Burghead        |
| 10 Eskmuthe         | 20 Row Porty       |



DO NOT go onto the start line before the starter calls you forward

## 15.30 MIXED 45+

SPONSORED BY

- |                      |                  |
|----------------------|------------------|
| 1 Eskmuthe           | 11 Row Porty     |
| 2 Catterline         | 12 Ullapool      |
| 3 Broughty Ferry     | 13 Cromarty      |
| 4 Troon              | 14 North Berwick |
| 5 St Andrews         | 15 Alnmouth      |
| 6 Wormit             | 16 St Ayles      |
| 7 Forfar             | 17 Queensferry   |
| 8 Gourdon            | 18 Dunbar        |
| 9 Nairn              | 19 Eastern       |
| 10 Elie & Earlsferry |                  |



## 16.15 OPEN MEN

SPONSORED BY

- |                     |                  |
|---------------------|------------------|
| 1 Elie & Earlsferry | 10 Alnmouth      |
| 2 Elie & Earlsferry | 11 Row Porty     |
| 3 Eskmuthe          | 12 Burghead      |
| 4 St Andrews        | 13 Ullapool      |
| 5 Wormit            | 14 Eastern       |
| 6 Broughty Ferry    | 15 North Berwick |
| 7 Troon             | 16 Cromarty      |
| 8 Boatie Blest      | 17 St Ayles      |
| 9 Nairn             | 18 Queensferry   |



FENTON TOWER

## 17.00 OPEN WOMEN

SPONSORED BY

- |                     |                  |
|---------------------|------------------|
| 1 Boatie Blest      | 11 Dunbar        |
| 2 Broughty Ferry    | 12 Alnmouth      |
| 3 Elie & Earlsferry | 13 Row Porty     |
| 4 Forfar            | 14 St Ayles      |
| 5 Catterline        | 15 Queensferry   |
| 6 Nairn             | 16 Burghead      |
| 7 Wormit            | 17 North Berwick |
| 8 Troon             | 18 Eastern       |
| 9 St Andrews        | 19 Ullapool      |
| 10 Eskmuthe         | 20 Cromarty      |



FENTON TOWER

## 18.00 PRIZE-GIVING on the beach

Race results will be available on our website [www.nbrowingclub.com](http://www.nbrowingclub.com)

Umpire and Water Safety lunches provided by NB Eats

